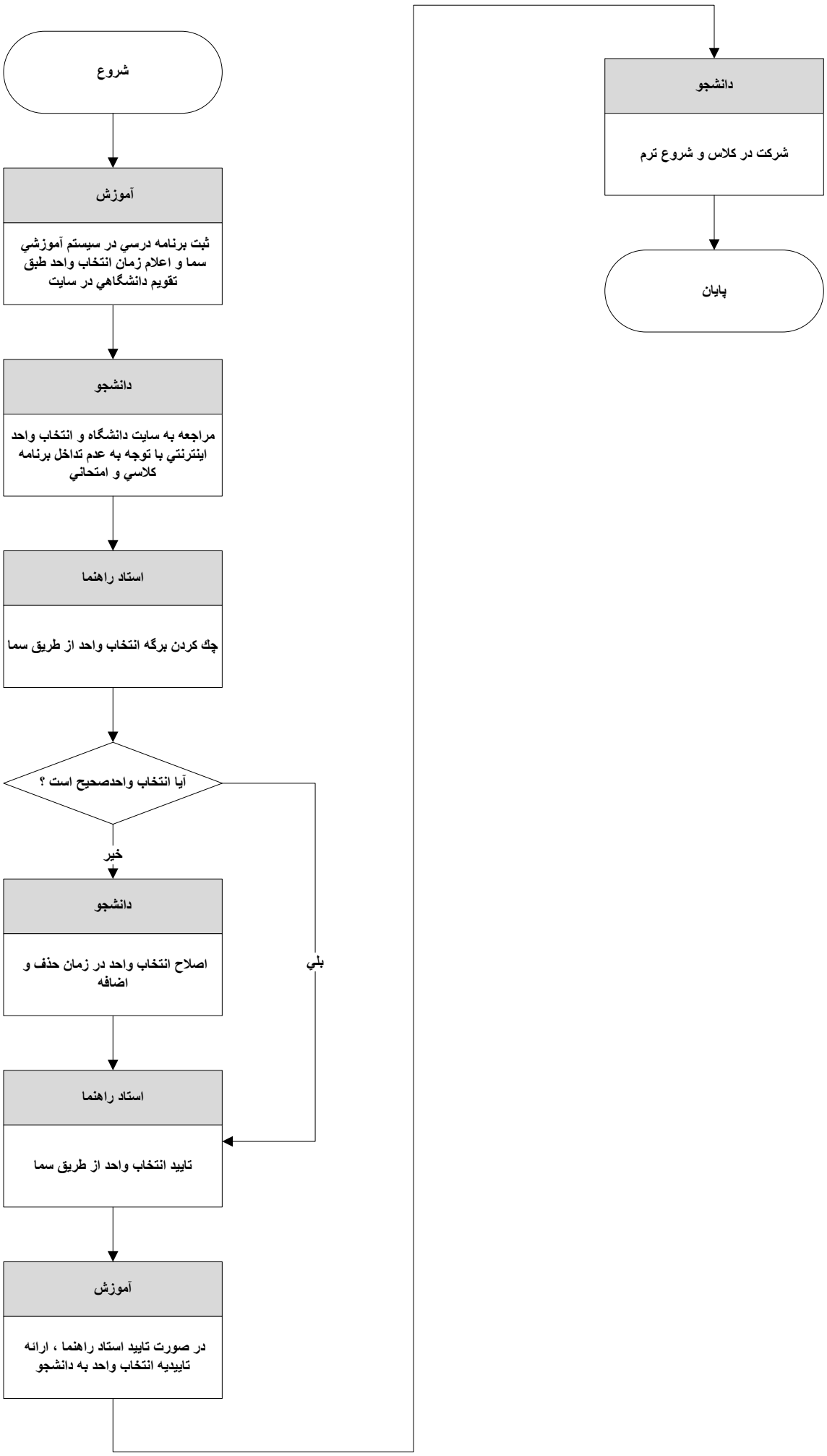فرآيند انتخاب واحد